



*wholesome hub*

*simply natural*

*Wholesome Hub*

*Wholesome Croissants*

Our freshly baked all butter croissants  
filled with your choice of

- honey roast ham and cheese
- Mozzarella tomato and basil
- thick cut back bacon
- brie and onion marmalade

Our vegan croissant filled with vegan  
cheese and tomato



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## wholesome Platter

£15 per head

a fresh slaw of grated carrot shredded red cabbage , parsley and pomegranate served with houmous, baba ghanosh and walnut pesto topped with

halloumi wrapped in bacon or plain grilled halloumi gf and vegan falafels and

a 1/2 a traditional croque monsieur with either honey roast ham or grilled chestnut mushrooms (v) gf and vegan available

mini chocolate brownies

elderflower presse, iced rooibos tea , iced coffee still/fizzy water and barista coffee & tea



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## Wholesome Shakshuka

A wholesome blend of roasted tomato, aubergine, red onion with cumin & chilli topped with a fried egg (optional) and fresh dill

ADD

- halloumi wrapped in bacon or
- grilled chorizo or
- grilled halloumi or
- grilled tofu or
- vegan gluten free falafels

## Wholesome Croque

A traditional toasted bechamel sandwich with your choice of filling served with a fresh slaw salad

- Honey roast ham
- grilled chestnut mushroom
- brie and onion marmalade
- gf and vegan falafel with chilli jam

GF bread and vegan cheese available



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# Wholesome Hub

## Wholesome Breakfast Ciabatta

A freshly baked ciabatta filled with your choice (or all)  
bacon,  
sausage,  
roasted tomatoes and  
fried egg

## Wholesome Croque

A traditional toasted bechamel sandwich with your  
choice of filling served with a fresh rocket salad - add  
a fried egg

- Honey roast ham
- grilled chestnut mushroom





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Wholesome low carb -

halloumi wrapped in Bacon served with a fresh slaw salad and pesto baba Ghanoush and humous

Wholesome vegaterian -

grilled Halloumi served with a fresh slaw salad and pesto baba Ghanoush and humous

Wholesome vegan -

vegan and gluten free falafels served with a fresh slaw salad and pesto baba Ghanoush and humous

Wholesome platter -

for when you want it all and can't decide - a bit of everything above - veggie or meat option available

Wholesome Croque

traditional hot ham and béchamel sandwich  
GF and Veggie also available



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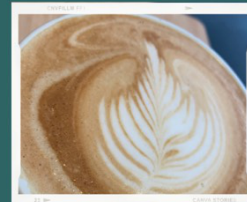
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*Wholesome Breakfast Ciabatta*

A freshly baked ciabatta filled with your choice (or all)  
bacon,  
sausage,  
roasted tomatoes and  
fried egg

*Wholesome Hub*

**for nourishing nosh!**



we focus on wholesome, vegetarian and vegan delights also offering barista coffee, delicious hot chocolate, sugar free presse and tempting sweet treats including those for gluten free and vegan diets

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